

## Let's Freeze!

*Action/Instrumental Song*



Move around and freeze when the music stops, can use instruments or just movement of the body

*Teaching Notes: These are instrumental songs so they have no lyrics. You can use these with props such as scarves, ribbons or stars., as well as instruments and tappers. Talk about different ways of moving first so the children have some ideas to work with.*

### **Musical Skills**

Beat - Moving in time to the beat.

Responding to music.

### **Other Skills**

Creativity - Making up your own movements.

Emotions - How does the music make you feel?

Gross Motor Skills - Dancing, spinning, twirling etc.

Spatial Awareness - Moving safely around the room.

### **Extension Activities**

Discuss the kinds of movements you could use first then do follow a leader. Choose some animals that may be linked to this style of music and how they might move such as birds, butterflies, fish. Listen to other types of instrumental music and discuss the mood it creates.

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